Legal and Governance



#### HEALTH SCRUTINY PANEL

Date: Tuesday 5th October, 2021 Time: 4.00 pm Venue: Council Chamber Please note this is a virtual meeting. The meeting will be livestreamed via

the Council's YouTube channel at Middlesbrough Council - YouTube

#### AGENDA

- 1. Apologies for Absence
- 2. Declarations of Interest

3.	Minutes - Health Scrutiny Panel - 7 September 2021	3 - 8

4. Prospect GP surgery - CQC Inspection

9 - 46

Representatives of Prospect Surgery and the Clinical Commissioning Group to provide an update on the surgery's recent inspection by the Care Quality Commission.

5. Covid-19 Update

Mark Adams, Director of Public Heath (South Tees) will be in attendance to provide an update on COVID-19 and the local Public Health / NHS response.

6. Health Inequalities - Regeneration Initiatives

The Director of Regeneration will be in attendance to provide a verbal update on how regeneration initiatives can address health inequalities.

#### 7. Chair's OSB Update

8. Any other urgent items which in the opinion of the Chair, may be considered.

Charlotte Benjamin Director of Legal and Governance Services

Town Hall Middlesbrough Monday 27 September 2021

#### **MEMBERSHIP**

Councillors D Coupe (Chair), D Davison (Vice-Chair), R Arundale, A Bell, A Hellaoui, T Mawston, D Rooney, C McIntyre and P Storey

#### Assistance in accessing information

Should you have any queries on accessing the Agenda and associated information please contact Scott Bonner, 01642 729708, scott\_bonner@middlesbrough.gov.uk

#### HEALTH SCRUTINY PANEL

A meeting of the Health Scrutiny Panel was held on Tuesday 7 September 2021.

- PRESENT:
   Councillors D Coupe (Chair), D Davison (Vice-Chair), R Arundale, A Hellaoui, T Mawston, D Rooney, C McIntyre and P Storey
- ALSO IN C Blair (Director Of Commissioning Strategy and Delivery) (TVCCG) ATTENDANCE:
- OFFICERS: M Adams and S Bonner

### APOLOGIES FOR Councillor A Bell ABSENCE:

### 21/88 DECLARATIONS OF INTEREST

There were no declarations of interest received at this point in the meeting.

#### 21/89 MINUTES - HEALTH SCRUTINY PANEL - 13 JULY 2021

The minutes of the Health Scrutiny Panel held on 13 July 2021 were submitted and approved as a correct record.

#### 21/90 **COVID-19 UPDATE**

The Director of Public Health (South Tees) provided an update on the ongoing Covid-19 situation and made the following points:

- At the time of the meeting lots of areas were showing high rates of community transmission with Middlesbrough placed 19<sup>th</sup> nationally.
- It was anticipated there would be a spike in infection rates once schools returned from the summer holidays.
- The rate of infection had seemingly flattened since the beginning of August, although there was little to indicate the rates of infection would slow.
- Demographically, younger age groups saw higher rates of community transmission, although it was anticipated that when schools returned to school infection rates would start to affect older age groups as well.
- In terms of impact on hospitals numbers had stabilised around 70 in-patients with critical care showing slightly lower numbers than previous. Ultimately, Covid-19 rates were higher than preferred but were not adversely affecting hospital functions.
- Mortality rates were low, but a small number of Covid related deaths were still being reported.
- In terms of vaccination uptake, 66% of people had received their second does, which was lower than the national average. It was recognised there remained a desire to increase vaccine take-up rates.
- There remained approximately 4,000 people in the over-50 age group that had not received the vaccine.
- Evidence continued to show that vaccination rates were higher in more affluent areas.
- There was a desire to communicate the benefits of vaccine take-up with local residents but it was recognised that this was difficult given the national relaxation of Covid measures. Middlesbrough had always adopted a citizen led approach with work continuing in local communities though the Covid Champion network.
- Work was also continuing with other organisations such as Middlesbrough Football Club to promote communications.
- The ability of the Council to encourage more people to adhere to social distancing was limited in this regard.

The Chair queried how statistics relating to Covid were derived as there were some discrepancies between rates in different areas. It was clarified that there was no single set of

statistics used across all organisations and that the same statistics could be used for different purposes.

Further clarification was provided about the relationship between vaccination take up and areas with higher rates of deprivation. Essentially, the less affluent a resident is tends to relate to more insecure jobs and working patterns, as well as reduced access to a car. This in turn can affect someone's availability to receive the vaccine, especially if the vaccination centre was far from their home.

It was queried if the Covid Vaccine would impact on the children's flu vaccine rollout. It was clarified that the same staff working with the Covid Vaccine would also be working with the Children's Flu Vaccine, which may place pressures on staff. However, the Public Health team would work to ensure that all vaccines are delivered.

#### ORDERED:

- 1. That the presentation slides be circulated to the Panel.
- 2. That the information presented be noted.

#### 21/91 HEALTH INEQUALITIES - HEALTH FOR WEALTH

Dr Heather Brown provided the panel with information relating to her publication *Inequalities in Health and Wealth*. During the presentation Dr Brown included some of the following points:

- It was important to understand how inequalities in health and in economic position impacted on generational inequalities.
- The study found that deprivation in the North East had been increasing in many places, especially as the North East had some of the most deprived communities in the country when examined at the Lower Super Output Area (LSOA) level. Indeed, just under half of all LSOAs in Middlesbrough were in the 10% most deprived in the country.
- The impact of Covid was also an important factor in this area, with child poverty having risen to 31% from 29% in the North East due to Covid.
- Brexit had also affected the North East more than other regions economically (other than Northern Ireland).
- Some the reasons for the North East performing comparatively poorly included deindustrialization changing the geography of economic growth and employment as well as disinvestment in peripheral former industrial areas and the Austerity agenda.
- In terms of Health Inequalities; the regional health divide has been widening in recent years. Mortality was now 20% higher amongst young people living in the North.
- Earnings and economic activity were also 10% lower in the North East than the rest of England with high levels unemployment, economic inactivity and worklessness.
- While its full impact was still being examined, the Covid-19 pandemic had had a detrimental impact on both child and fuel poverty.
- This subject had been examined during three national government policy initiatives: 1991-1998 (Increasing Neo-liberalism); English Health Inequalities Strategy (1999-2010); and Austerity (2010-2017).
- The research data utilized 5,000 household surveys encompassing 10,300 individuals. The survey also ran during the Covid-19 pandemic to understand its impact. The areas the research was interested in physical health and limiting long term health impacts. It also wanted to understand poor health on the productivity gap.
- The research also looked at food insecurity which was defined as any person in a household unable to healthy and nutritious food or was hungry but did not eat.
- Methodologically, statistical analysis employed decomposition to breakdown how much of the difference in the employment gap between the Northern Powerhouse and the rest of England can be explained by physical and mental health and a limiting long term health condition. It would also estimate the association between mental and physical health and a limiting long term condition and employment.
- The key findings of the research showed there were regional differences on the role of health inequality policy on the influence of the family on young adult children's health and wages. It also found Austerity had been worse in the North than the Rest of England. Mobility was increasing at a slower rate in the North than the rest of England.
- Economically it was estimated that should the gap in health inequalities be closed this could equate to an additional £13 billion to country's GVA.

- The research also found that people with basic or no educational qualifications who were unemployed in April 2020; and had a disability were more likely to report all three measures of food insecurity.
- Financial vulnerability explained half the likelihood of being food insecure.
- Eligibility for free school meals, being furloughed and receiving help from grandparents explains approximately 30% of the likelihood of being food insecure.
- The recommendations made by the research included those Local Authorities, Local Enterprise Partnerships and Health and Wellbeing Boards. It recommended that these should scale up family centred place based public health programmes to invest more in interventions that reduce social and environmental inequalities.
- Local enterprise partnerships, schools and third sector organisations, should develop locally 'tailored' programmes for young people providing both health and employment support.
- Local health services should identify at risk families and individuals at a time of disrupted health service delivery.
- Recommendations for Central Government included improved health and social mobility in the North including increased investment in place based public health. There should also be increased generosity of benefits that would keep people out of health inequalities.
- There should be increased investment in Northern Schools to reduce inequalities in educational attainment.
- There should also be increased spending on economic growth and development in "left behind" communities.
- There should also be targeted job creation in economically vulnerable areas.
- There were several challenges to resolving the issue, namely Brexit and the potential constraints around economic growth, NHS staffing levels and uncertainties around local government budget settlements.
- There were also concerns about lagging behind public health and prevention expenditure compared to treatment of existing conditions.
- The Covid-19 Pandemic also presented considerable challenges.
- Overall the research found that deprivation was rising in the North of England and that health inequalities were increasing between the North and the rest of England.
- The research also found that Health and Social Mobility for families in the North of England increased during the Health Inequality Strategy Period but had been decreasing since Austerity was introduced in 2010.
- Improving health in the North can reduce the employment gap and that investment was needed in education, public health, employment opportunities, and the NHS.

Clarification was provided about how economic productivity was measured; which included examining Gross Value Added (GVA) or the employment. In basic terms the Norther Powerhouse definition of the north of England was used as well as ONS information about economic activity per local authority area.

It was queried if free school meals had been affected since the introduction of Universal Credit in the sense that many children no longer qualified for it.

A Member queried if being a member of the Northern Powerhouse brought the promised benefits. It was clarified that this was difficult to quantify as there was significant heterogeneity in the north of England and that the Northern Powerhouse was more of a lobbying organization.

It was clarified for the panel that the research carried out was funded by the Northern Powerhouse and its methods and results were apolitical in nature.

It was commented that when external funding arrived in the North East it appeared it was directed at areas other than Middlesbrough, such as Newcastle. It was clarified that when funding was sought it should be on the basis of need.

#### ORDERED:

1. That the question of how free school meals had been impacted by Universal Credit be raised with the service area.

2. That the information provided be noted.

#### 21/92 HEALTH INEQUALITIES - LEVELLING UP FOR PROSPERITY

Chris Thomas from the Institute of Public Policy Research (IPPR) provided the panel with an overview of their publication *Levelling-up health for Prosperity* and made the following points:

- The IPPR were an independent registered charity and Britain's leading progressive think tank.
- Generally the research wanted to explore how health played a role in economics.
- The IPPR were interested in three area of government commitment: Levelling-up and desire to distribute resources evenly; Health Improvement and the desire to increase life expectancy by five years by 2035 and build back better in reaction to the Covid-19 pandemic.
- Broadly speaking the UK had life expectancy that was comparable with other highincome nations.
- However, this masked severe inequalities within the UK with the North East performing worst from all English regions in terms of under 75 mortality rate per 100,000 (394.74).
- There was intersect between mortality rates and people classed as obese. It was also found that regions with higher mortality rates were more exposed to factors that negatively affected health including lower rates of income and employment.
- People with long-term conditions were less likely to be in work in the North of England, for example the percentage of people of working age with a health condition lasting more than 12 months was 44% compared to 52% in London.
- There was also associations between mortality and productivity at the Local Authority level.
- If health inequalities were closed it was estimated that gain to Gross Value Added (GVA) of approximately £20 billion.
- The research found there were several important recommendations that central government could employ including using a composite measure of prosperity rather than GDP.
- There was also a need to make any new measures action driven as well as increasing weighting for deprivation in the NHS funding formula from 10 to 15%.
- Coupled with the above, there should be a need for community health building as well as the restoration of the public health grant.
- There were also recommendations for local government from the research including creating healthier spaces through planning and regeneration initiatives.
- There was heavy reliance on the creation of strong and effective relationships rather than rules to help improve health at the local level.
- Where possible work should be carried out with employers to encourage them to break down barriers to work for people with long term conditions.
- Ultimately, local leaders did not need to wait for national government to make health a core component of decision making.

The Chair queried what the determinant of low mortality rates were and was clarified that while life expectancy had risen health life expectancy had not increased at the same rate. Ultimately, by simply building health related services this led to increased inequalities. Instead, structures that seemed to work better were those where formal structures helped to coordinate services, and where services went beyond health services. An example of the *Improving cancer journey* pilot in Glasgow. Under that scheme those individuals with a cancer diagnosis were provided with a named advocate that helped coordinate available services. This service was available within the community rather than centralized medial services. The main themes that could be taken from that pilot were that taking a holistic view of the needs of someone with long term health issues was crucial with services being placed in the community.

There was also evidence to suggest that this approach may also be beneficial in reducing stigma that is felt by those with certain illnesses, such as lung cancer.

A Member sought clarity on the financial aspects of the research, notably the productivity gap. It was clarified that in 2017 a Northern Sciences Alliance report found there was a productivity gap, due to health inequalities, between the North of England and the rest of the UK which nationally was worth approximately £13 billion. This gap had since risen to just over £20 billion, however this did not cover the full health inequalities cost.

The Chair sought views on improving services such as well-man clinics into the community to try and encourage more people into and improve access to health care. It was clarified that such initiatives showed a great deal of promise and should be considered going forward.

**AGREED:** That the information presented be noted.

#### 21/93 CHAIR'S OSB UPDATE

The Chair provided the panel with an update of the previous OSB meeting held on 28th July 2021. The Chair advised that the Chief Executive provided updates on the Council's continuing response and recovery from the Covid-19 pandemic, Executive decisions, Staff Communications initiatives and; Children's Proxy Indicators and Middlesbrough Children Matters priorities.

In terms of Covid; at the time of the meeting cases stood at 854.7 per 100,000 although it was noted that cases had been declining. Vaccination rates still showed Middlesbrough to be low on the respective league tables, however this information did not take age or demographics into account making direct comparisons difficult. It was also noted that a significant proportion of over 50's had only had a single dose of the vaccine.

In terms of Middlesbrough Children matters, whilst the recent Ofted monitoring inspection offered reassurance of improvements in children's services there was a need to look at our commitment for all young people. As such the Chief Executive and Director of Children's Services advised that 10 priorities were now in place ranging from Place (where young people felt safe and proud of where they lived) to Best Start in Life (where families are supported to give young people the best start in life.

The Director of Children's Services also advised OSB on financial progress of Children's Services and informed Members progress was being made to reduce service costs including reducing reliance on External residential placements and increasing use of Internal Fostering Placements. OSB was advised, up to that point, Children's Services was realizing a slight underspend against its budget.

Finally, the Board also received updates from the Panel Chairs on the activities taking place within their respective remits.

**AGREED:** That the information presented be noted.

### 21/94 ANY OTHER URGENT ITEMS WHICH IN THE OPINION OF THE CHAIR, MAY BE CONSIDERED.

None.

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Agenda Item 4

# Prospect Surgery

### **Inspection report**

The Health Centre 20 Cleveland Square Middlesbrough TS1 2NX Tel: 01642210220 www.prospectsurgery.nhs.uk

Date of inspection visit: 09 July 2021 Date of publication: 03/09/2021

This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

#### Ratings

Overall rating for this location	Inadequate	
Are services safe?	Inadequate	
Are services effective?	Inadequate	
Are services well-led?	Inadequate	

## **Overall summary**

We carried out an announced inspection at Prospect Surgery on 9 July 2021. Overall, the practice is rated as Inadequate.

Safe - Inadequate

Effective - Inadequate

Caring - not rated at this inspection

Responsive - not rated at this inspection

Well-led – Inadequate

Our previous inspection report of 20 March 2017 rated the practice as Good overall and for all key questions and all population groups.

At our inspection on 23 June 2021, which was an unannounced, responsive unrated inspection at Prospect Surgery, serious concerns were identified with regards to the safe care and treatment of patients undergoing non-therapeutic circumcisions. We also identified serious concerns about the risk assessment, record keeping and governance arrangements supporting that. We were not assured that the service was safe.

The full reports for previous inspections can be found by selecting the 'all reports' link for Prospect Surgery on our website at www.cqc.org.uk

#### Why we carried out this inspection:

This was an announced, focused inspection including a site visit following the concerns identified in the 23 June 2021 inspection:

The focus of this inspection was to inspect the areas we identified as being of concern at the June 2021 inspection, as the purpose of that inspection had been to look at non-therapeutic circumcision care and treatment only. We therefore inspected the key areas of:

- Are services safe?
- Are services effective?
- Are services well led?

Ratings in the caring and responsive key questions are carried forward from the 2017 inspection.

#### How we carried out the inspection:

Throughout the pandemic CQC has continued to regulate and respond to risk. However, taking into account the circumstances arising as a result of the pandemic, and in order to reduce risk, we have conducted our inspections differently.

This inspection was carried out in a way which enabled us to spend a minimum amount of time on site. This was with consent from the provider and in line with all data protection and information governance requirements.

## **Overall summary**

This included:

- Conducting staff interviews using video conferencing.
- Completing clinical searches on the practice's patient records system and discussing findings with the provider.
- Reviewing patient records to identify issues and clarify actions taken by the provider.
- Requesting evidence from the provider.
- A short site visit.
- Conversations with staff on site and staff questionnaires.

#### Our findings:

We based our judgement of the quality of care at this service on a combination of:

- what we found when we inspected.
- information from our ongoing monitoring of data about services and
- information from the provider, patients, the public and other organisations.

#### We have rated this practice as Inadequate overall and inadequate for all population groups.

We found that:

- Inadequate infection control arrangements posed a risk to patients and staff.
- The lack of effective communication between the provider and other health and social care agencies inhibited the sharing of key information with regard to safeguarding.
- There was an absence of systems and processes to mitigate risks and provide clinical governance.

We found two breaches of regulations. The provider **must**:

- Ensure care and treatment is provided in a safe way to patients.
- Establish effective systems and processes to ensure good governance in accordance with the fundamental standards of care.

I am placing this service in special measures. Services placed in special measures will be inspected again within six months. If insufficient improvements have been made such that there remains a rating of inadequate for any population group, key question or overall, we will take action in line with our enforcement procedures to begin the process of preventing the provider from operating the service. This will lead to cancelling their registration or to varying the terms of their registration within six months if they do not improve.

The service will be kept under review and if needed could be escalated to urgent enforcement action. Where necessary, another inspection will be conducted within a further six months, and if there is not enough improvement, we will move to close the service by adopting our proposal to remove this location or cancel the provider's registration.

Special measures will give people who use the service the reassurance that the care they get should improve.

#### Details of our findings and the evidence supporting our ratings are set out in the evidence tables.

Dr Rosie Benneyworth BM BS BMedSci MRCGP Page 11

3 Prospect Surgery Inspection report 03/09/2021

## Overall summary

Chief Inspector of Primary Medical Services and Integrated Care

### Population group ratings

Older people	Inadequate
People with long-term conditions	Inadequate
Families, children and young people	Inadequate
Working age people (including those recently retired and students)	Inadequate
People whose circumstances may make them vulnerable	Inadequate
People experiencing poor mental health (including people with dementia)	Inadequate

### Our inspection team

Our inspection team was led by a CQC lead inspector who spoke with staff using video conferencing facilities and undertook a site visit. The team included a GP specialist advisor who spoke with staff using video conferencing facilities and completed clinical searches and records reviews without visiting the location. The team also included a second CQC inspector.

### **Background to Prospect Surgery**

Prospect Surgery is located at:

The Health Centre,

20 Cleveland Square,

Cleveland Health Centre,

Middlesbrough,

TS1 2NX

The provider is registered with CQC to deliver the Regulated Activities; diagnostic and screening procedures, maternity and midwifery services and treatment of disease, disorder or injury and surgical procedures. These are delivered from a single site.

The practice is situated within the Tees Valley Clinical Commissioning Group (CCG) and delivers General Medical Services to a patient population of about 6,400. This is part of a contract held with NHS England.

The practice is part of a wider network of GP practices (Central Middlesbrough Primary Care Network that delivers services to approximately 48,000 patients in central Middlesbrough).

Information published by Public Health England shows that deprivation within the practice population group is in the lowest decile (one of 10). The lower the decile, the more deprived the practice population is relative to others.

According to the latest available data, the ethnic make-up of the practice area is 13% Asian, 81% White, 2% Black, 2% Mixed, and 2% Other.

There is a team of three GPs two are partners and one is a salaried GP. The practice has two nurses and one health care assistant. The nurses provide nurse led clinic's for childhood immunisations but are not providing clinics for long-term conditions as they have not yet completed the required training. The GPs are supported at the practice by a team of reception/administration staff and a practice manager.

5 Prospect Surgery Inspection report 03/09/2021

Due to the enhanced infection prevention and control measures put in place since the pandemic and in line with the national guidance, most GP appointments were telephone consultations. If the GP needed to see a patient face-to-face then the patient was offered a face to face appointment.

Extended access is provided locally by STAR – the local extended GP hours service accessed via telephoning NHS 111, where late evening and weekend appointments are available. Out of hours services are provided by telephoning NHS 111 or NHS 999 for a life-threatening medical emergency.

## **Enforcement** actions

## Action we have told the provider to take

The table below shows the legal requirements that were not being met. The provider must send CQC a report that says what action they are going to take to meet these requirements.

Regulated activity	Regulation
Diagnostic and screening procedures Family planning services	Regulation 12 HSCA (RA) Regulations 2014 Safe care and treatment
Maternity and midwifery services Surgical procedures	We found that the practice did not always provide care and treatment in a safe way. In particular:
Treatment of disease, disorder or injury	• Patients prescribed high risk medicines were not being monitored in accordance with current guidelines.
	• Medicines commonly used to thin the blood and for the treatment of asthma were being batch prescribed (repeat prescriptions, prescribed in advance), meaning there was no way of ensuring that the patients contacted you for a repeat prescription which would ensure that the required regular monitoring could be carried out.
	• Patients were being co-prescribed medicines outside of manufacturers guidelines and there was no evidence that the risks associated with this prescribing had been considered and no rationale recorded in the patient's notes.
	<ul> <li>Medication reviews were not always carried out, structured, included only limited narrative, and did not relate to individual medicines.</li> </ul>
	• Female patients being prescribed valproate medicines were not enrolled in pregnancy prevention plans, as stated in the latest guidance. The guidance states this should include the completion of a signed risk acknowledgement form when their treatment is reviewed by a specialist, at least annually.
	• The care and treatment provided for patients requiring

• The care and treatment provided for patients requiring cervical screening and childhood immunisations were lower than national targets of 80% for cervical screening uptake in eligible women and 90% for childhood immunisations.

## **Enforcement actions**

- Records of staff vaccinations/immunity and was told there were not held.
- There were no mechanisms in place to ensure that infection prevention and control (IPC) measures were adequately carried out.

This was in breach of Regulation 12 (1) of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

### **Regulated activity**

Diagnostic and screening procedures

Family planning services

Maternity and midwifery services

Surgical procedures

Treatment of disease, disorder or injury

### Regulation

Regulation 17 HSCA (RA) Regulations 2014 Good governance

There were a lack of systems and processes established and operated effectively to ensure compliance with requirements to demonstrate good governance. In particular:

- There was not an effective system in place for the clinical triage of patients contacting the practice by telephone.
- There was no overview of the clinical record keeping of staff employed by the provider, including recently appointed staff.
- The follow up system to improve quality outcomes for patients was ineffective.
- You were unable to demonstrate that there were effective systems in place to ensure that patients being prescribed high-risk medicines were always appropriately monitored.
- The system for managing alerts issued by the Medicines and Healthcare products Regulatory Agency (MHRA) was not effective.
- There were no systems in place to ensure GPs responded to changes in National Institute for Health and Care Excellence (NICE) guidance.

Page 16

## **Enforcement actions**

- The systems in place to support infection prevention and control within the practice were not effective.
- The systems in place to support effective multi-disciplinary discussions in order to protect children or adults who were subject to safeguarding plans were not effective.
- The systems in place to support communication were not effective.
- There was a lack of effective systems to ensure that the learning outcomes from significant events such as serious incidents and complaints were shared with staff.
- The practice's approach to risk management overall was inconsistent and ineffective.
- The system in place to monitor the completion of training by staff employed by the provider was not effective.

This was in breach of Regulation 17(1) of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014. This page is intentionally left blank

## **Care Quality Commission**

### **Inspection Evidence Table**

### Prospect Surgery (1-549668039)

Inspection date: 9 July 2021

Date of data download: 28 June 2021

### **Overall rating: Inadequate**

Serious concerns were identified during this inspection with regards to the safe care and treatment of patients and the monitoring, risk assessments, record keeping and governance arrangements supporting that. We were not assured that the service was safe. We inspected the key areas of safe, effective and well led at this inspections.

Please note: Any Quality Outcomes Framework (QOF) data relates to 2019/20.

### Safe

### **Rating: Inadequate**

We rated the practice as inadequate in the key question of safe at this inspection. We found that systems, practices and processes did not keep people safe and protected from abuse. This included:

- Patients prescribed high risk medicines were not being monitored in accordance with current guidelines.
- Patients were being co-prescribed medicines outside of manufacturers guidelines and there was no evidence that the risks associated with this prescribing had been considered and no rationale recorded in the patient's notes.
- Medication reviews were not always carried out, structured, included only limited narrative, and did not relate to individual medicines.
- Records of staff vaccinations/immunity were not held.
- There was a lead member of staff for safeguarding, but some staff did not know who it was.

#### Safety systems and processes

The practice did not have clear systems, practices and processes to keep people safe and safeguarded from abuse.

Safeguarding	Y/N/Partial
There was a lead member of staff for safeguarding processes and procedures.	Partial

Safeguarding	Y/N/Partial
Safeguarding systems, processes and practices were developed, implemented and communicated to staff.	N
There were policies covering adult and child safeguarding which were accessible to all staff.	Y
Policies and procedures were monitored, reviewed and updated.	Y
Partners and staff were trained to appropriate levels for their role.	Partial
There was active and appropriate engagement in local safeguarding processes.	N
The Out of Hours service was informed of relevant safeguarding information.	N
There were systems to identify vulnerable patients on record.	Y
Disclosure and Barring Service (DBS) checks were undertaken where required.	Y
Staff who acted as chaperones were trained for their role.	Y
There were regular discussions between the practice and other health and social care professionals such as health visitors, school nurses, community midwives and social workers to support and protect adults and children at risk of significant harm.	N
Explanation of any answers and additional evidence:	

There was a lead member of staff for safeguarding but some staff did not know who it was.

Some staff were overdue safeguarding training updates. Eight administrative staff for safeguarding adults and seven administrative staff were overdue safeguarding children updates. One nurse did not have any safeguarding training documented on the staff training matrix.

The practice did not have multi-disciplinary team meetings to discuss safeguarding issues.

Recruitment systems	Y/N/Partial
Recruitment checks were carried out in accordance with regulations (including for agency staff and locums).	Y
Staff vaccination was maintained in line with current Public Health England (PHE) guidance if relevant to role.	N
There were systems to ensure the registration of clinical staff (including nurses and pharmacists) was checked and regularly monitored.	Partial

Explanation of any answers and additional evidence:

We asked for a record of staff vaccinations/immunity and were told there were no records held. There was no evidence that the practice were assessing the risk to staff and others in this regard or protecting workers and others from exposure to pathogens.

There was a file detailing the registration of clinical staff, which included all three GPs. All but one were up to date with registration checks and the practice were in the process of getting an update for the remaining GP. There was no evidence at the time of the visit of a process for checking the registration for nurses.

Safety systems and records	Y/N/Partial
There was a record of portable appliance testing or visual inspection by a competent person.	Y
Date of last inspection/test: 24/7/2020	
There was a record of equipment calibration. Date of last calibration: 24/7/2020	Y
There were risk assessments for any storage of hazardous substances for example, liquid nitrogen, storage of chemicals.	Y
There was a fire procedure.	Y
A fire risk assessment had been completed. Date of completion: June 2021	Y
Actions from fire risk assessment were identified and completed.	Y
Explanation of any answers and additional evidence:	
The portable appliance testing certificate was not available during the inspection but was by the provider on 20 July 2021.	sent to CQC
The fire policy was agreed in June 2021.	
The fire policy did not stipulate timescales for carrying out fire drills (instead it stated 'from time to time'	
No risks were identified from the fire risk assessment.	

Health and safety	Y/N/Partial
Premises/security risk assessment had been carried out. Date of last assessment: not available	N
Health and safety risk assessments had been carried out and appropriate actions taken. Date of last assessment: 13/8/2020	Y
Explanation of any answers and additional evidence:	
The provider had not been able to access the premises/security risk assessment from N	

Services, but stated they would forward it to CQC as soon as they had it – at the time of writing this report we were yet to receive this.

#### Infection prevention and control

#### Appropriate standards of cleanliness and hygiene were not met.

	Y/N/Partial
There was an infection risk assessment and policy.	Y
Staff had received effective training on infection prevention and control.	Y
Infection prevention and control audits were carried out.	N
Date of last infection prevention and control audit: N/A	N
The practice had acted on any issues identified in infection prevention and control audits.	N
There was a system to notify Public Health England of suspected notifiable diseases.	Y
The arrangements for managing waste and clinical specimens kept people safe.	Y

Explanation of any answers and additional evidence:

The provider was unable to provide any records to demonstrate they had carried out infection prevention and control audits.

There were no mechanisms in place to ensure that infection prevention and control (IPC) measures were adequately carried out. We were told that the clinician who had been allocated the role of infection control lead had not carried out any audits. No spot checks of the environment had been recorded. The practice were not assessing the risk in order to prevent, detect and control the spread of infection.

The practice's infection prevention and control (IPC) policy did not make any reference to COVID-19 even though it was updated in April 2021. (COVID-19 was confirmed as a pandemic by the World Health Organisation on 11 March 2020.)

#### **Risks to patients**

#### There were gaps in systems to assess, monitor and manage risks to patient safety.

	Y/N/Partial
There was an effective approach to managing staff absences and busy periods.	N
There was an effective induction system for temporary staff tailored to their role.	Y
The practice was equipped to respond to medical emergencies (including suspected sepsis) and staff were suitably trained in emergency procedures.	N
Receptionists were aware of actions to take if they encountered a deteriorating or acutely unwell patient and had been given guidance on identifying such patients.	Ń N
Explanation of any answers and additional evidence:	
Staff were expected to cover each other if they were off on sick leave or self isolating due to the pandemic. We were told that the practice had experienced lots of staff sickness during the pandemic	

but no action plan was in place to address this.

Receptionists who were answering the telephone to patients did so without any guidance on how to identify deteriorating or acutely unwell patients. Following the inspection the practice implemented a flowchart to guide staff.

The staff training matrix indicated that three clinical staff members had not had training or updates in sepsis/sepsis awareness. It was unclear whether they had been trained and it was not recorded or not trained at all as staff files were not examined for evidence at the inspection.

#### Information to deliver safe care and treatment

## Staff did not always have the information they needed to deliver safe care and treatment.

	Y/N/Partial
Individual care records, including clinical data, were written and managed securely and in line with current guidance and relevant legislation.	Ν
There was a system for processing information relating to new patients including the summarising of new patient notes.	Y
There were systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.	Partial
Referrals to specialist services were documented, contained the required information and there was a system to monitor delays in referrals.	Y
There was a documented approach to the management of test results and this was managed in a timely manner.	Y
There was appropriate clinical oversight of test results, including when reviewed by non- clinical staff.	Y
Explanation of any answers and additional evidence:	

We found that medication reviews were not always structured, included only limited narrative and did not relate to individual medicines. This meant that clinicians accessing the patient's record following the medication review would be unable to establish what had been discussed and agreed, therefore potentially putting patients at risk.

We found evidence of two incidents where communication from the hospital requesting changes to patients' medication had been missed.

#### Appropriate and safe use of medicines

## The practice did not have systems for the appropriate and safe use of medicines, including medicines optimisation

Indicator	Practice	CCG average	England average	England comparison
Number of antibacterial prescription items prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/04/2020 to 31/03/2021) (NHS Business Service Authority - NHSBSA)	0.86	0.89	0.70	No statistical variation
The number of prescription items for co- amoxiclav, cephalosporins and quinolones as a percentage of the total number of prescription items for selected antibacterial drugs (BNF 5.1 sub-set). (01/04/2020 to 31/03/2021) (NHSBSA)	11.4%	10.0%	10.2%	No statistical variation
Average daily quantity per item for Nitrofurantoin 50 mg tablets and capsules, Nitrofurantoin 100 mg m/r capsules, Pivmecillinam 200 mg tablets and Trimethoprim 200 mg tablets prescribed for uncomplicated urinary tract infection (01/10/2020 to 31/03/2021)	5.70	5.54	5.37	No statistical variation
Total items prescribed of Pregabalin or Gabapentin per 1,000 patients (01/10/2020 to 31/03/2021) (NHSBSA)	284.5‰	241.8‰	126.9‰	Variation (negative)
Average daily quantity of Hypnotics prescribed per Specific Therapeutic group Age-sex Related Prescribing Unit (STAR PU) (01/04/2020 to 31/03/2021) (NHSBSA)	0.81	0.62	0.66	No statistical variation
Number of unique patients prescribed multiple psychotropics per 1,000 patients (01/07/2020 to 31/12/2020) (NHSBSA)	8.2‰	6.3‰	6.7‰	No statistical variation

Note: ‰ means *per 1,000* and it is **not** a percentage.

Medicines management	Y/N/Partial
The practice ensured medicines were stored safely and securely with access restricted to authorised staff.	Y
Blank prescriptions were kept securely, and their use monitored in line with national guidance.	Y
Staff had the appropriate authorisations to administer medicines (including Patient Group Directions or Patient Specific Directions).	Y

Medicines management	Y/N/Partial
The practice could demonstrate the prescribing competence of non-medical prescribers, and there was regular review of their prescribing practice supported by clinical supervision or peer review.	N/A
There was a process for the safe handling of requests for repeat medicines and evidence of structured medicines reviews for patients on repeat medicines.	N
The practice had a process and clear audit trail for the management of information about changes to a patient's medicines including changes made by other services.	Partial
There was a process for monitoring patients' health in relation to the use of medicines including high risk medicines (for example, warfarin, methotrexate and lithium) with appropriate monitoring and clinical review prior to prescribing.	Partial
The practice monitored the prescribing of controlled drugs. (For example, investigation of unusual prescribing, quantities, dose, formulations and strength).	Y
There were arrangements for raising concerns around controlled drugs with the NHS England Area Team Controlled Drugs Accountable Officer.	Y
If the practice had controlled drugs on the premises there were appropriate systems and written procedures for the safe ordering, receipt, storage, administration, balance checks and disposal of these medicines, which were in line with national guidance.	N/A
The practice had taken steps to ensure appropriate antimicrobial use to optimise patient outcomes and reduce the risk of adverse events and antimicrobial resistance.	Y
For remote or online prescribing there were effective protocols for verifying patient identity.	Y
The practice held appropriate emergency medicines, risk assessments were in place to determine the range of medicines held, and a system was in place to monitor stock levels and expiry dates.	Y
There was medical oxygen and a defibrillator on site and systems to ensure these were regularly checked and fit for use.	Y
Vaccines were appropriately stored, monitored and transported in line with PHE guidance to ensure they remained safe and effective.	Y
Explanation of any answers and additional evidence: We found that the system in place for warfarin prescribing could be improved. The provide they operated a yellow card system for warfarin prescribing, whereby the practice advised which dose of warfarin to take based upon the blood test result. However, we found that w batch prescribed (repeat prescriptions, prescribed in advance) which meant that there were process which could expose patients to potential harm.	the patient arfarin was
We reviewed the remote searches of clinical records and found examples of patients preso risk medicines such as azathioprine and methotrexate who were not being monitored in ac with current guidelines. No regular searches were carried out to identify any overdue monit	cordance

The latest publicly available prescribing data showed the practice were high prescribers of Pregabalin or Gabapentin per 1,000 patients compared to other GP practices in England. These medicines are normally used to treat epilepsy and anxiety and can also be prescribed to treat nerve pain.

#### Track record on safety and lessons learned and improvements made

The practice did not have an effective system to learn and make improvements when things went wrong.

Significant events	Y/N/Partial
The practice monitored and reviewed safety using information from a variety of sources.	N
Staff knew how to identify and report concerns, safety incidents and near misses.	N
There was a system for recording and acting on significant events.	Partial
Staff understood how to raise concerns and report incidents both internally and externally.	N
There was evidence of learning and dissemination of information.	N
Number of events recorded in last 12 months:	6
Number of events that required action:	6

Explanation of any answers and additional evidence:

Staff we spoke to at the practice were not clear on how to report a significant event and when asked were unable to locate a significant event policy. We saw evidence of a form for them to use but outcomes and learning from events were not discussed with all staff. We saw evidence that two significant events had been recorded following the identification of incidents during inspection activity.

Example(s) of significant events recorded and actions by the practice.

Event	Specific action taken
Wrong immunisation given to a child	Practice changed policy to state only one child at a time allowed to attend for immunisation to mitigate risk of error.

Safety alerts	Y/N/Partial
There was a system for recording and acting on safety alerts.	Partial
Staff understood how to deal with alerts.	N

Explanation of any answers and additional evidence:

We found that patients prescribed some specific medicines were being placed at risk of harm. We saw limited evidence of signed pregnancy prevention plans for patients who were prescribed teratogenic drugs (for example, sodium valproate). If a clinical records search had been done when the MHRA alert linked to this area was published, existing patients on sodium valproate would have been identified and had a pregnancy prevention place and this would have ensured that patients were aware of the risks.

We saw two examples where hospital letters requesting amendments to medication had been filed away by practice staff prior to being actioned by a GP. Only one of these was identified by the practice and one on the inspection.

## Effective

### **Rating: Inadequate**

• We rated the practice as inadequate in the key question of effective at this inspection. This was because patients needs were not assessed, they were not monitored appropriately and data for screening was lower than national targets with no plans in place to improve this. We were not assured that the practice were providing effective care to patients. Many of the issues we have identified leading to a lack of effective care apply to all population groups therefore all population groups are rated as inadequate.

#### Effective needs assessment, care and treatment

Patients' needs were not assessed, and care and treatment was not delivered in line with current legislation, standards and evidence-based guidance supported by clear pathways and tools.

	Y/N/Partial
The practice had systems and processes to keep clinicians up to date with current evidence-based practice.	Ν
Patients' immediate and ongoing needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.	Ν
Patients presenting with symptoms which could indicate serious illness were followed up in a timely and appropriate way.	Partial
We saw no evidence of discrimination when staff made care and treatment decisions.	Y
Patients' treatment was regularly reviewed and updated.	N
There were appropriate referral pathways to make sure that patients' needs were addressed.	Y
Patients were told when they needed to seek further help and what to do if their condition deteriorated.	Ν

Explanation of any answers and additional evidence:

There was no regular system in place for staff to keep up to date with evidence based practice such as the discussion of NICE guidance.

There was a risk of patients presenting with urgent symptoms being missed as there was no guidance for non-clinical front line staff to identify such patients. Because of this and the potential for non identification of urgent cases, patients were at risk of not being informed when they needed to seek further help.

There were gaps in the systems and processes to monitor patients. We saw that patients were batch prescribed (repeat prescriptions, prescribed in advance) some medicines, such as asthma inhalers and warfarin. This meant that there was a lack of oversight of the use of these medicines. We found that the prescribing of asthma inhaler relievers had little control or oversight and did not support safe and effective asthma care. We saw evidence of one patient who had been prescribed 32 inhalers over 12 months. We found limited evidence of documented asthma reviews. We examined records of five

patients who were prescribed high numbers of salbutamol inhalers and of these, only one had had an asthma review within the last 15 months.

We found that the practice did not always provide care and treatment in a safe way. We reviewed the remote searches of clinical records and found examples of patients prescribed high risk medicines who were not being monitored in accordance with current guidelines. We also found that some patients who were prescribed angiotensin converting enzyme inhibitors, angiotensin-2 receptor blockers and spironolactone were also not being monitored in accordance with current guidelines. We were informed that no regular searches were carried out to identify any overdue monitoring and that the process of monitoring had been difficult due to staff shortages.

We looked at a random sample of the monitoring of five patients with chronic kidney disease. We found potential risk for three of them as the practice had not acted on the blood test results correctly. We were informed that the practice were not aware that the clinical system did not automatically assess and interpret the blood test results and had not been doing this manually.

#### Older people

Findings

#### Population group rating: Inadequate

**Population group rating: Inadequate** 

- The practice followed up on older patients discharged from hospital but did not always ensure that their care plans and prescriptions were updated to reflect any extra or changed needs.
- The practice did not carry out structured annual medicines reviews for older patients.
- Flu, shingles and pneumonia vaccinations were offered to relevant patients in this age group.

#### People with long-term conditions Findings

- Patients with long-term conditions were not offered a structured annual review to check their health and medicines needs were being met.
- Staff who were responsible for reviews of patients with long-term conditions had received specific training. New staff were undergoing training and not yet able to perform the reviews.
- Patients with suspected hypertension were not offered ambulatory blood pressure monitoring.
- Patients with atrial fibrillation were assessed for stroke risk and treated appropriately.
- Patients with asthma were not always offered an asthma management plan.

Long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months that includes an assessment of asthma control using the 3 RCP questions. (01/04/2019 to 31/03/2020)	86.7%	78.3%	76.6%	Tending towards variation (positive)

PCA* rate (number of PCAs).	22.9% (67)	14.9%	12.3%	N/A
The percentage of patients with COPD who have had a review, undertaken by a healthcare professional, including an assessment of breathlessness using the Medical Research Council dyspnoea scale in the preceding 12 months (01/04/2019 to 31/03/2020) (QOF)	92.4%	91.8%	89.4%	No statistical variation
PCA rate (number of PCAs).	29.3% (60)	15.6%	12.7%	N/A

\*PCA:. Personalised Care Adjustments allow practices to remove a patient from the indicator for limited, specified reasons.

Long-term conditions	Practice	CCG average	England average	England comparison
The percentage of patients aged 79 years or under with coronary heart disease in whom the last blood pressure reading (measured in the preceding 12 months) is 140/90 mmHg or less (01/04/2019 to 31/03/2020) (QOF)	69.2%	85.1%	82.0%	Variation (negative)
PCA* rate (number of PCAs).	9.9% (16)	5.5%	5.2%	N/A
The percentage of patients with diabetes, on the register, without moderate or severe frailty in whom the last IFCC-HbA1c is 58 mmol/mol or less in the preceding 12 months (01/04/2019 to 31/03/2020) (QOF)	62.7%	69.2%	66.9%	No statistical variation
PCA rate (number of PCAs).	16.7% (50)	16.7%	15.3%	N/A
The percentage of patients aged 79 years or under with hypertension in whom the last blood pressure reading (measured in the preceding 12 months) is 140/90 mmHg or less (01/04/2019 to 31/03/2020) (QOF)	62.9%	76.7%	72.4%	No statistical variation
PCA rate (number of PCAs).	12.9% (87)	7.9%	7.1%	N/A
In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are currently treated with anti-coagulation drug therapy (01/04/2019 to 31/03/2020) (QOF)	92.5%	93.0%	91.8%	No statistical variation
PCA rate (number of PCAs).	0.0% (0)	4.2%	4.9%	N/A
The percentage of patients with diabetes, on the register, without moderate or severe frailty in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less (01/04/2019 to 31/03/2020) (QOF)	66.9%	78.1%	75.9%	No statistical variation
PCA rate (number of PCAs).	17.1% (51)	10.2%	10.4%	N/A

\*PCA:. Personalised Care Adjustments allow practices to remove a patient from the indicator for limited, specified reasons.

#### Any additional evidence or comments

The practice were an outlier for a number of personalised care adjustments. Management stated that they had oversight of this but did not provide a rationale for the adjustments.

#### Families, children and young people

#### Population group rating: Inadequate

#### Findings

- The practice had not met the minimum 90% immunisation targets for four of five childhood immunisation uptake indicators. The practice had not met the WHO based national target of 95% (the recommended standard for achieving herd immunity) for all five childhood immunisation uptake indicators. We were not told of a plan in place to improve the uptake of childhood immunisations.
- The care and treatment provided for patients requiring cervical screening was lower than the national targets of 80% uptake in eligible women.
- Currently cervical screening figures were at 50% of eligible patients with a target of 80%. Childhood immunisations were currently all below 90% apart from the primary course which was 93%. The practice 2016 figures showed 60% of eligible patients were cervically screened therefore the current figure of 50% showed a further decline in trying to achieve national targets. We did not see evidence of any action plan in place to mitigate the decline in patients receiving this care and treatment, meaning that a significant number of women were at increased risk of undetected cervical cancer and children were at an increased risk of contracting a preventable disease.
- The practice did not always have arrangements to identify and review the treatment of newly pregnant women on long-term medicines. We found that patients prescribed some specific medicines were being placed at risk of harm. Some patients who were prescribed teratogenic drugs (sodium valproate) did not have a signed pregnancy prevention plan.
- Young people could access services for sexual health and contraception.
- Practice nursing staff did not have the appropriate skills and training to carry out reviews for this
  population group but were undertaking training.

Child Immunisation	Numerator	Denominator	Practice %	Comparison to WHO target of 95%
The percentage of children aged 1 who have completed a primary course of immunisation for Diphtheria, Tetanus, Polio, Pertussis, Haemophilus influenza type b (Hib), Hepatitis B (Hep B) ((i.e. three doses of DTaP/IPV/Hib/HepB) (01/04/2019 to 31/03/2020) (NHS England)	70	75	93.3%	Met 90% minimum
The percentage of children aged 2 who have received their booster immunisation for Pneumococcal infection (i.e. received Pneumococcal booster) (PCV booster) (01/04/2019 to 31/03/2020) (NHS England)	56	64	87.5%	Below 90% minimum
The percentage of children aged 2 who have received their immunisation for Haemophilus influenza type b (Hib) and Meningitis C (MenC) (i.e. received Hib/MenC booster) (01/04/2019 to 31/03/2020) (NHS England)	55	64	85.9%	Below 90% minimum
The percentage of children aged 2 who have received immunisation for measles, mumps and rubella (one dose of MMR) (01/04/2019 to 31/03/2020) (NHS England)	56	64	87.5%	Below 90% minimum
The percentage of children aged 5 who have received immunisation for measles, mumps and rubella (two doses of MMR) (01/04/2019 to 31/03/2020) (NHS England)	69	81	85.2%	Below 90% minimum

Note: Please refer to the CQC guidance on Childhood Immunisation data for more information: https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices

#### Any additional evidence or comments

We asked for, and were not provided with any plans in place to address the low uptake of child immunisations.

## Working age people (including those recently retired and students)

#### Population group rating: Inadequate

#### Findings

- Patients could book or cancel appointments online and order repeat medicines without the need to attend the surgery.
- We found that the prescribing of asthma inhaler relievers had little control or oversight and did not support safe and effective asthma care. The practice were not ensuring that British Thoracic Society Guidelines were being followed. We found limited evidence of documented asthma reviews. We examined records of five patients who were prescribed high numbers of salbutamol inhalers and of these, only one had had an asthma review within the last 15 months.

Cancer Indicators	Practice	CCG average	England average	England comparison
The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). (Snapshot date: 31/12/2020) (Public Health England)	49.9%	N/A	80% Target	Below 70% uptake
Females, 50-70, screened for breast cancer in last 36 months (3 year coverage, %) (01/04/2019 to 31/03/2020) (PHE)	59.3%	70.0%	70.1%	N/A
Persons, 60-74, screened for bowel cancer in last 30 months (2.5 year coverage, %) (01/04/2019 to 31/03/2020) (PHE)	54.0%	61.5%	63.8%	N/A
The percentage of patients with cancer, diagnosed within the preceding 15 months, who have a patient review recorded as occurring within 6 months of the date of diagnosis (01/04/2019 to 31/03/2020) (QOF)	95.5%	94.9%	92.7%	N/A
Number of new cancer cases treated (Detection rate: % of which resulted from a two week wait (TWW) referral) (01/04/2019 to 31/03/2020) (PHE)	60.6%	57.1%	54.2%	No statistical variation

#### Any additional evidence or comments

We asked for, and were not provided with any plans in place to address the low uptake of cervical cancer screening.

## People whose circumstances make them vulnerable

#### Population group rating: Inadequate

#### Findings

- Same day appointments and longer appointments were offered when required.
- We were told that there was a problem with the coding on the clinical system to record whether patients with a learning disability had had an annual health check.
- End of life care was not always delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.

### People experiencing poor mental health (including people with dementia)

#### Population group rating: Inadequate

#### Findings

- When patients were assessed to be at risk of suicide or self-harm the practice had arrangements in place to help them to remain safe.
- Patients at risk of dementia were identified and offered an assessment to detect possible signs of dementia. When dementia was suspected there was an appropriate referral for diagnosis.
- We saw evidence that only three staff had received dementia training in the last 12 months.
- Many of the issues we have identified leading to a lack of effective care apply to all population groups, including people experiencing poor mental health.

Mental Health Indicators	Practice	CCG average	England average	England comparison
The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive, agreed care plan documented in the record, in the preceding 12 months (01/04/2019 to 31/03/2020) (QOF)	78.6%	88.2%	85.4%	No statistical variation
PCA* rate (number of PCAs).	28.8% (17)	25.1%	16.6%	N/A
The percentage of patients diagnosed with dementia whose care plan has been reviewed in a face-to-face review in the preceding 12 months (01/04/2019 to 31/03/2020) (QOF)	80.6%	82.9%	81.4%	No statistical variation
PCA rate (number of PCAs).	16.3% (7)	8.2%	8.0%	N/A

#### Any additional evidence or comments

The practice provided no rationale for the high PCA rates.

#### Monitoring care and treatment

#### There was limited monitoring of the outcomes of care and treatment.

Indicator	Practice	England average
Overall QOF score (out of maximum 559)	503.3	533.9
Overall QOF score (as a percentage of maximum)	90%	95.5%
Overall QOF PCA reporting (all domains)	12%	5.9%

	Y/N/Partial
Clinicians took part in national and local quality improvement initiatives.	Y
The practice had a programme of targeted quality improvement and used information about care and treatment to make improvements.	Ν
The practice regularly reviewed unplanned admissions and readmissions and took appropriate action.	Ν

Examples of improvements demonstrated because of clinical audits or other improvement activity in past two years

An audit by the medicines optimisation support technician at Tees Valley Clinical Commissioning Group highlighted in the 6 months from March 2020, antibiotic prescribing in Prospect Surgery increased by 8% compared to the same 6 months the previous year, accounting for 100 additional prescription items in

total. The average increase in antibiotic prescribing in the CCG area was 10.2%. Prescribing of the '3C' broad spectrum antibiotics (co-amoxiclav, cephalosporins and quinolones) increased by 25%. We were not shown any evidence of an action plan or improvement on these figures.

#### Any additional evidence or comments

Most of the quality improvement activity at the practice had been undertaken by the CCG staff. However, we were shown a joint injection audit undertaken by the practice staff but it was a list of patients who had been administered a joint injection with no quality improvement noted or any narrative to indicate what the list actually meant.

#### Effective staffing

## The practice was unable to demonstrate that staff had the skills, knowledge and experience to carry out their roles.

	Y/N/Partial
Staff had the skills, knowledge and experience to deliver effective care, support and treatment.	Partial
The practice had a programme of learning and development.	N
Staff had protected time for learning and development.	Partial
There was an induction programme for new staff.	Partial
Staff had access to regular appraisals, one to ones, coaching and mentoring, clinical supervision and revalidation. They were supported to meet the requirements of professional revalidation.	Ν
The practice could demonstrate how they assured the competence of staff employed in advanced clinical practice, for example, nurses, paramedics, pharmacists and physician associates.	N
There was a clear and appropriate approach for supporting and managing staff when their performance was poor or variable.	Ν
Explanation of any answers and additional evidence:	•

The practice manager confirmed appraisals were overdue. They had last taken place in February 2020. We saw examples of two appraisals undertaken in Feb 2020. The practice told us that they had the practice nurses booked in for appraisals and planned to do appraisals for administrative staff w/c 26 July over a fortnight.

Staff told us that they should have protected learning time, but due to the pressures of work this quite often did not happen.

Induction for new employees starting work was observed in staff files, but this covered the practicalities of starting work (e.g. smart card, contracts) rather than induction to a specific job role.

The approach to supporting and managing staff was not clear, staff had mixed views, with some citing a lack of support from leaders.

#### Coordinating care and treatment

Staff did not work together and with other organisations to deliver effective care and treatment.

Indicator	Y/N/Partial
Care was delivered and reviewed in a coordinated way when different teams, services or organisations were involved.	N
Patients received consistent, coordinated, person-centred care when they moved between services.	N
Explanation of any answers and additional evidence:	

The practice were not engaging effectively with other organisations to deliver effective care and treatment. For example, no meetings had been held with Health Visitors to discuss children who were at risk. We were shown examples of information sharing via tasks on the computer system.

#### Helping patients to live healthier lives

#### Staff were not consistent and proactive in helping patients to live healthier lives.

	Y/N/Partial
The practice identified patients who may need extra support and directed them to relevant services. This included patients in the last 12 months of their lives, patients at risk of developing a long-term condition and carers.	N
Staff encouraged and supported patients to be involved in monitoring and managing their own health.	N
Patients had access to appropriate health assessments and checks.	N
Staff discussed changes to care or treatment with patients and their carers as necessary.	Y
The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns and tackling obesity.	Y
Evalenation of any answers and additional avidence:	•

Explanation of any answers and additional evidence:

The practice were not consistent in their approach to monitoring patients. We found examples of patients who had not been monitored in line with the latest guidance, yet still had access to their medicines.

The practice were below national targets set for the uptake of cervical screening, bowel cancer screening, breast cancer screening and four of the five targets for childhood immunisations.

#### **Consent to care and treatment**

## The practice was unable to demonstrate that it always obtained consent to care and treatment in line with legislation and guidance.

	Y/N/Partial
Clinicians understood the requirements of legislation and guidance when considering consent and decision making. We saw that consent was documented.	Y
Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.	

Do Not Attempt Cardio Pulmonary Resuscitation (DNACPR) decisions were made in line with relevant legislation and were appropriate.	Partial
Explanation of any answers and additional evidence: We found that only two GPs had undertaken training in the mental capacity act, only four r staff altogether had undertaken the training.	nembers of
We looked at patient records who had a Do Not Attempt Cardio Pulmonary Resuscitation d found that some were overdue a review date. We were told there was no process in place	

check this.

### Well-led

### **Rating: Inadequate**

We rated the practice as inadequate for the key question of well led for this inspection. We found that leaders at the practice could not demonstrate that the governance, risk management, performance, and overall strategy ensured high quality and sustainable care. The overall governance systems were ineffective.

#### Leadership capacity and capability

## Leaders could not demonstrate that they had the capacity and skills to deliver high quality sustainable care.

	Y/N/Partial
Leaders demonstrated that they understood the challenges to quality and sustainability.	N
They had identified the actions necessary to address these challenges.	N
Staff reported that leaders were visible and approachable.	Partial
There was a leadership development programme, including a succession plan.	N
Explanation of any answers and additional evidence:	

We saw numerous examples where leaders had not responded to challenges to quality and sustainability, including failures to have oversight on patient monitoring, safety alerts and staff training. Staff views were mixed regarding visibility of leaders.

#### Vision and strategy

## The practice did not have a clear vision and credible strategy to provide high quality sustainable care.

Y/N/Partial
N
N
N
N
N

Explanation of any answers and additional evidence:

Staff we spoke with wanted to improve the service to patients, but lacked direction and leadership from the partners and management. Staff were unaware of the vision and values of the practice and regular staff meetings were not held.

There were no systems in place to ensure GPs responded to changes in National Institute for Health and Care Excellence (NICE) guidance. We saw that there were no documented checks in place to ensure that clinicians who were employed by the service had read this guidance

#### Culture

#### The practice culture did not effectively support high quality sustainable care.

	Y/N/Partial
There were arrangements to deal with any behaviour inconsistent with the vision and values.	Ν
Staff reported that they felt able to raise concerns without fear of retribution.	Y
There was a strong emphasis on the safety and well-being of staff.	Partial
There were systems to ensure compliance with the requirements of the duty of candour.	Y
When people were affected by things that went wrong, they were given an apology and informed of any resulting action.	Y
The practice encouraged candour, openness and honesty.	Partial
The practice's speaking up policies were in line with the NHS Improvement Raising Concerns (Whistleblowing) Policy.	Y
The practice had access to a Freedom to Speak Up Guardian.	N
Staff had undertaken equality and diversity training.	Partial
	•

Explanation of any answers and additional evidence:

Some staff told us that they had felt able to and reported concerns to leaders but they had not always been acted upon.

We saw some examples of emphasis on the safety and wellbeing of staff, such as risk assessments for covid-19, however staff reported feeling stressed and the practice had suffered from staff shortages due to sickness. New members of staff were not supported in new roles, for example the practice nurses were not engaging in meetings with other practice nurses in the area. This was implemented following the inspection.

The provider's whistleblowing policy made no reference to a Freedom to Speak Up Guardian.

Of the 15 staff employed, only 10 had completed equality and diversity training including one of the two GP partners.

#### Examples of feedback from staff or other evidence about working at the practice

Source	Feedback
Staff questionnaire	Some members of staff reported that communication was poor in the practice and
	said that concerns that they reported to management were not acted upon.

#### **Governance arrangements**

#### The overall governance arrangements were ineffective.

	Y/N/Partial
There were governance structures and systems which were regularly reviewed.	N
Staff were clear about their roles and responsibilities.	N
There were appropriate governance arrangements with third parties.	Y

Explanation of any answers and additional evidence:

The systems in place to ensure that patients being prescribed high-risk medicines were always appropriately monitored was not effective. We found examples of patients being prescribed medicines including azathioprine and methotrexate who were not being monitored appropriately.

The system for managing alerts issued by the Medicines and Healthcare products Regulatory Agency (MHRA) was not effective. This meant that patients were potentially placed at risk of harm. We found examples where MHRA alerts should have prompted the provider to take action to reduce the risk of harm to their patients, but this action had not been taken. For example, separate MHRA alerts linked to the prescribing of Citalopram, Amlodipine and Simvastatin, and Clopidogrel and Omeprazole had not been acted on for all patients deemed to be at risk

#### Managing risks, issues and performance

## The practice did not have clear and effective processes for managing risks, issues and performance.

Y/N/Partial
N
N
Partial
N
Y
Y
N
-

Explanation of any answers and additional evidence:

There was no overview of clinical records. There had been no review of the records or performance of new staff, and that they had not had an interim appraisal.

The follow up system to improve quality outcomes for patients was ineffective. We found that Public Health England performance data was below the national average in several areas in relation to prescribing, childhood immunisations and cervical screening. Nationally reported data showed that achievement was below the national average and exception reporting was higher than local and national averages. We saw no evidence of actions taken to address these areas.

The quality improvement programme in place was in response to CCG guidance and performed by CCG pharmacy staff.

We found that the practice's approach to risk management overall was inconsistent and ineffective.

#### The practice had limited systems in place to continue to deliver services, respond to risk and meet patients' needs during the pandemic

	Y/N/Partial
The practice had adapted how it offered appointments to meet the needs of patients during the pandemic.	Y
The needs of vulnerable people (including those who might be digitally excluded) had been considered in relation to access.	Y
There were systems in place to identify and manage patients who needed a face-to-face appointment.	Ν
The practice actively monitored the quality of access and made improvements in response to findings.	Ν
There were recovery plans in place to manage backlogs of activity and delays to treatment.	Ν
Changes had been made to infection control arrangements to protect staff and patients using the service.	Ν
Staff were supported to work remotely where applicable.	Y

Explanation of any answers and additional evidence:

There was not an effective system in place for the clinical triage of patients contacting the practice by telephone. We saw receptionists in the practice were being asked to answer telephone calls and triage patients. The reception staff had received no training in triage and did not have any flowcharts to guide them. Following the inspection the practice sent us a flowchart provided to guide staff.

The systems in place to support infection prevention and control within the practice were not effective. There had not been an infection prevention and control audit carried out.

The systems in place to support effective multi-disciplinary discussions in order to protect children or adults who were subject to safeguarding plans were not effective. There had been no discussions about children or adults who were subject to a safeguarding plan, despite the practice safeguarding policy stating that there should be regular meetings with members of the multi-disciplinary team. In addition, some staff were not clear who the practice safeguarding lead was.

#### Appropriate and accurate information

The practice did not always act on appropriate and accurate information.

Y/N/Partial

Staff used data to monitor and improve performance.	Ν
Performance information was used to hold staff and management to account.	Ν
There were effective arrangements for identifying, managing and mitigating risks.	Ν
Staff whose responsibilities included making statutory notifications understood what this entails.	Ν

Explanation of any answers and additional evidence:

Public Health data had declined without any evidence of an action plan to address this. No patient or staff questionnaires had been undertaken since 2018.

The registered manager had made no statutory notifications to the Care Quality Commission in respect of a notifiable safety incident in May 2021.

There was a lack of effective systems to ensure that the learning outcomes from significant events such as serious incidents and complaints were shared with staff. During the inspection, few staff were able to recall or describe an example of a significant event or describe the outcome. There was a lack of evidence that significant events were properly recorded, investigated, discussed or disseminated. There was no analysis of themes or trends which could have prevented incidents from recurring. Staff we spoke with were unclear how to report a significant event and there was no significant event policy available.

#### Engagement with patients, the public, staff and external partners

## The practice did not involve the public, staff and external partners to sustain high quality and sustainable care.

	Y/N/Partial
Patient views were acted on to improve services and culture.	N
The practice had an active Patient Participation Group.	N
Staff views were reflected in the planning and delivery of services.	N
The practice worked with stakeholders to build a shared view of challenges and of the needs of the population.	
Explanation of any answers and additional evidence:	

We found that systems to support communication were not effective. The practice had not had staff meetings or multi-disciplinary team meetings in the last year. We saw evidence they had started to have staff meetings in the week before the inspection and saw minutes relating to these.

#### Feedback from Patient Participation Group.

Feedback

No feedback available

#### Any additional evidence

The practice had a virtual PPG but had not had any feedback from them.

#### Continuous improvement and innovation

## There there was little evidence of systems and processes for learning, continuous improvement and innovation.

	Y/N/Partial
There was a strong focus on continuous learning and improvement.	N
Learning was shared effectively and used to make improvements.	N
Explanation of any answers and additional evidence:	

The system in place to monitor the completion of training by staff employed by the provider was not effective. We found that the staff training matrix had lots of gaps in the recording of staff training, including for sepsis, health and safety and the mental capacity act for one of the GP partners.

Furthermore, there was a gap in the recording of mandatory training for basic life support for one of the GP partners. We were informed that the GP had done the training. The practice subsequently provided evidence of a certificate of basic life support training undertaken on 2 June 2021 that had not been recorded in the training matrix. Anaphylaxis training was also missing in the staff training record for the other GP partner.

#### Notes: CQC GP Insight

GP Insight assesses a practice's data against all the other practices in England. We assess relative performance for the majority of indicators using a "z-score" (this tells us the number of standard deviations from the mean the data point is), giving us a statistical measurement of a practice's performance in relation to the England average. We highlight practices which significantly vary from the England average (in either a positive or negative direction). We consider that z-scores which are higher than +2 or lower than -2 are at significant levels, warranting further enquiry. Using this technique we can be 95% confident that the practices performance is genuinely different from the average. It is important to note that a number of factors can affect the Z score for a practice, for example a small denominator or the distribution of the data. This means that there will be cases where a practice's data looks quite different to the average, but still shows as no statistical variation, as we do not have enough confidence that the difference is genuine. There may also be cases where a practice's data looks similar across two indicators, but they are in different variation bands.

The percentage of practices which show variation depends on the distribution of the data for each indicator, but is typically around 10-15% of practices. The practices which are not showing significant statistical variation are labelled as no statistical variation to other practices.

N.B. Not all indicators in the evidence table are part of the GP insight set and those that aren't will not have a variation band.

The following language is used for showing variation:

Variation Bands	Z-score threshold
Significant variation (positive)	≤-3
Variation (positive)	>-3 and ≤-2
Tending towards variation (positive)	>-2 and ≤-1.5
No statistical variation	<1.5 and >-1.5
Tending towards variation (negative)	≥1.5 and <2
Variation (negative)	≥2 and <3
Significant variation (negative)	≥3

Note: for the following indicators the variation bands are different:

- Child Immunisation indicators. These are scored against the World Health Organisation target of 95% rather than the England average. Note that
  practices that have "Met 90% minimum" have not met the WHO target of 95%.
- The percentage of respondents to the GP patient survey who responded positively to how easy it was to get through to someone at their GP practice on the phone uses a rules based approach for scoring, due to the distribution of the data. This indicator does not have a CCG average.
- The percentage of women eligible for cervical cancer screening at a given point in time who were screened adequately within a specified period (within 3.5 years for women aged 25 to 49, and within 5.5 years for women aged 50 to 64). This indicator does not have a CCG average and is scored against the national target of 80%.

It is important to note that z-scores are not a judgement in themselves, but will prompt further enquiry, as part of our ongoing monitoring of GP practices.

Guidance and Frequently Asked Questions on GP Insight can be found on the following link: <u>https://www.cqc.org.uk/guidance-providers/gps/how-we-monitor-gp-practices</u>

Note: The CQC GP Evidence Table uses the most recent validated and publicly available data. In some cases at the time of inspection this data may be relatively old. If during the inspection the practice has provided any more recent data, this can be considered by the inspector. However, it should be noted that any data provided by the practice will be unvalidated and is not directly comparable to the published data. This has been taken into account during the inspection process.

#### Glossary of terms used in the data.

- COPD: Chronic Obstructive Pulmonary Disease.
- PHE: Public Health England.
- QOF: Quality and Outcomes Framework.
- STAR-PU: Specific Therapeutic Group Age-sex weightings Related Prescribing Units. These weighting allow more accurate and meaningful comparisons within a specific therapeutic group by taking into account the types of people who will be receiving that treatment.
- \*PCA: Personalised Care Adjustment. This replaces the QOF Exceptions previously used in the Evidence Table (see <u>GMS QOF Framework</u>). Personalised Care Adjustments allow practices to remove a patient from the indicator for limited, specified reasons.
- •
- ‰ = per thousand.